

# Laudato Si'- A way of life



*Mary Ward Sisters South Asia Celebrate  
The 5<sup>th</sup> Anniversary of Laudato Si' Week from 16-24 May 2020.*



*"Let's take care of creation, a gift of our creator God.  
Let's celebrate Laudato Si' Week together."*



## MERGER MILESTONE: A RATIONALE

We are humbled at this opportunity bestowed by the Almighty. Truly, His ways are beyond our comprehension. These last few days have taught us that 'With God, all things are possible.' This is veritably, a major Merger Milestone, that has brought together students, teachers and Sisters of both the congregations of Mary Ward. What better way than to celebrate Laudato Si Week, than to do so in fellowship with each other and the rest of the creation.

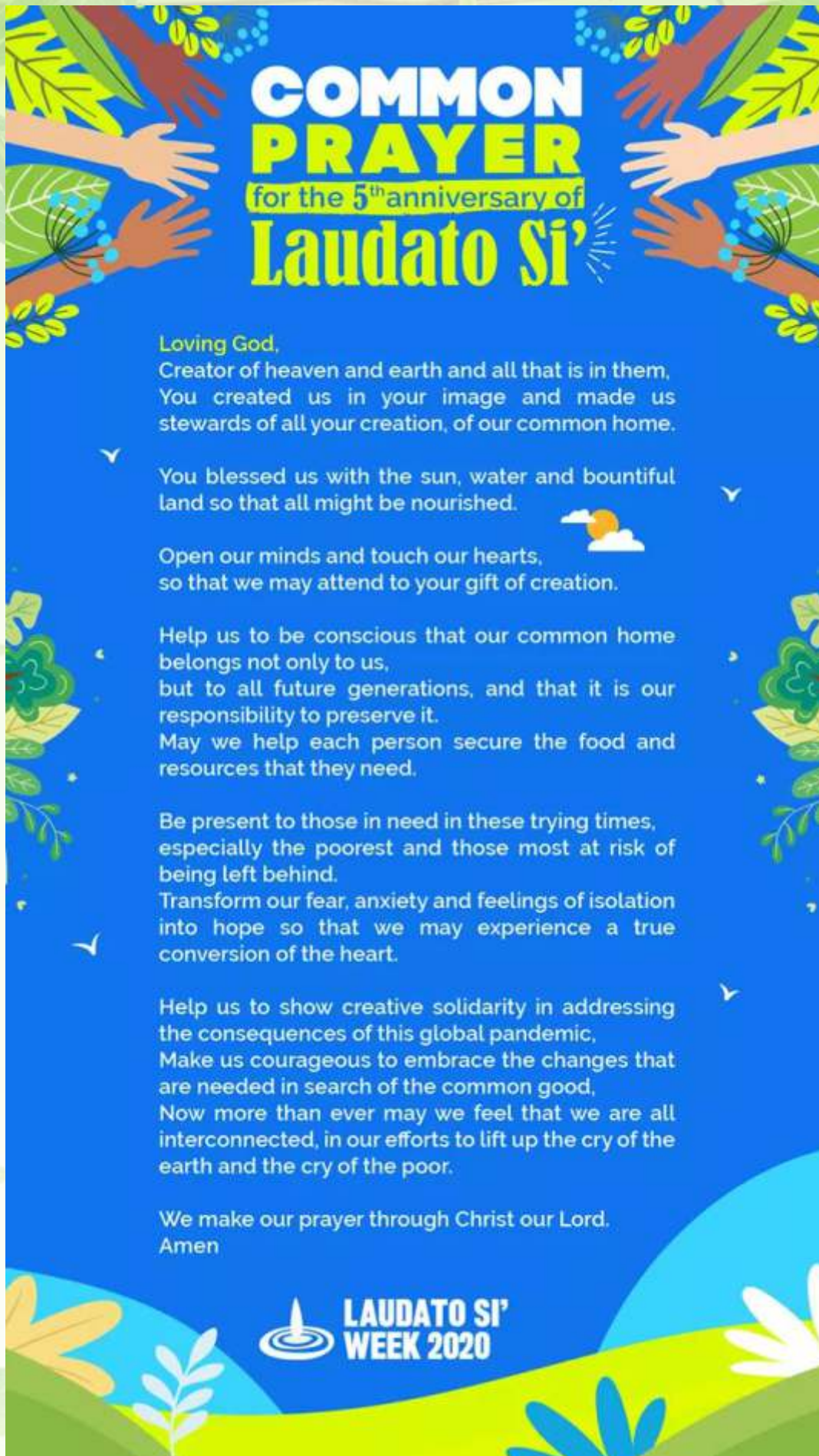
The celebration of the 5th Anniversary of the Laudato Si Week could not have been more apt this year, despite all the impediments and inexplicable phenomena, natural and otherwise. The Pope's passionate call must be paid heed to, so that we set a purpose to the pangs of protecting this world. These uncertain times, with cyclones, frequent earthquakes, floods and the current pandemic, have only given an impetus to the efforts in this collaborative effort to quell the ecological crises. This was possible only by merging and mirroring the myriad of ideas for a sustainable future. This week was an insightful and introspective journey for all the participants, the JPIC National and Zonal coordinators, both congregations of Mary Ward and Tarumitra.

We have learnt that each one of us has a key role to play, like cogs in a wheel, in the future of this world, and to maintain its integrity. Being penitent now about how the earth is made to suffer will not suffice. To this end, let us be more reflective in our thoughts, responsive and responsible in our efforts. Let us reaffirm our pledge to care for our common home and be instruments in His grand plan.

**Message by Core Committee members:**

**Sr Smitha CJ, Sr. Shradha CJ, Ms Devopriya Dutta, Sr Nirmala IBVM & Mrs Ranjan**





Loving God,  
Creator of heaven and earth and all that is in them,  
You created us in your image and made us  
stewards of all your creation, of our common home.

You blessed us with the sun, water and bountiful  
land so that all might be nourished.

Open our minds and touch our hearts,  
so that we may attend to your gift of creation.

Help us to be conscious that our common home  
belongs not only to us,  
but to all future generations, and that it is our  
responsibility to preserve it.  
May we help each person secure the food and  
resources that they need.

Be present to those in need in these trying times,  
especially the poorest and those most at risk of  
being left behind.  
Transform our fear, anxiety and feelings of isolation  
into hope so that we may experience a true  
conversion of the heart.

Help us to show creative solidarity in addressing  
the consequences of this global pandemic,  
Make us courageous to embrace the changes that  
are needed in search of the common good,  
Now more than ever may we feel that we are all  
interconnected, in our efforts to lift up the cry of the  
earth and the cry of the poor.

We make our prayer through Christ our Lord.  
Amen



**Humanity still has the ability to work together in  
building our common home  
(Laudato Si' 13)**



# REVIVE, RESTORE AND REPURPOSE

*from the repertoire of Laudato Si'*

“

The climate is  
a common  
good,  
belonging to  
all and meant  
for all.

(Laudato Si' 14).

”

“We need a **Conversation**  
which includes everyone,  
since the **environmental challenge**  
we are undergoing,  
and its human roots,  
concern and **affect us all**.  
(Laudato Si' 14).

Because all  
**CREATURES** are  
**CONNECTED**,  
each must be  
cherished with  
**LOVE AND RESPECT**,  
for all of us as  
**LIVING CREATURES**  
are dependent on one another.  
(Laudato Si' 42)

”

“All of us can cooperate as  
**INSTRUMENTS OF GOD**  
for the **care of creation**,  
each according to his or her own  
**culture, experience, involvements and talents**.  
(Laudato Si' 14)

”

“**HUMAN BEINGS**,

while capable of the worst,  
are also capable of **RISE ABOVE THEMSELVES**,  
choosing again what is **GOOD**,  
and making a **NEW START**,  
despite their **MENTAL & SOCIAL CONDITIONING**.  
(Laudato Si' 205)

“We are  
**ALWAYS CAPABLE**  
of going out of ourselves  
**TOWARDS THE OTHER**.  
(Laudato Si' 208)

“**TODAY, IN A WORD,**  
“THE ISSUE OF  
**ENVIRONMENTAL**  
**DEGRADATION CHALLENGES**  
**US TO**  
**EXAMINE OUR LIFESTYLE**”.”

(Laudato Si' 206)

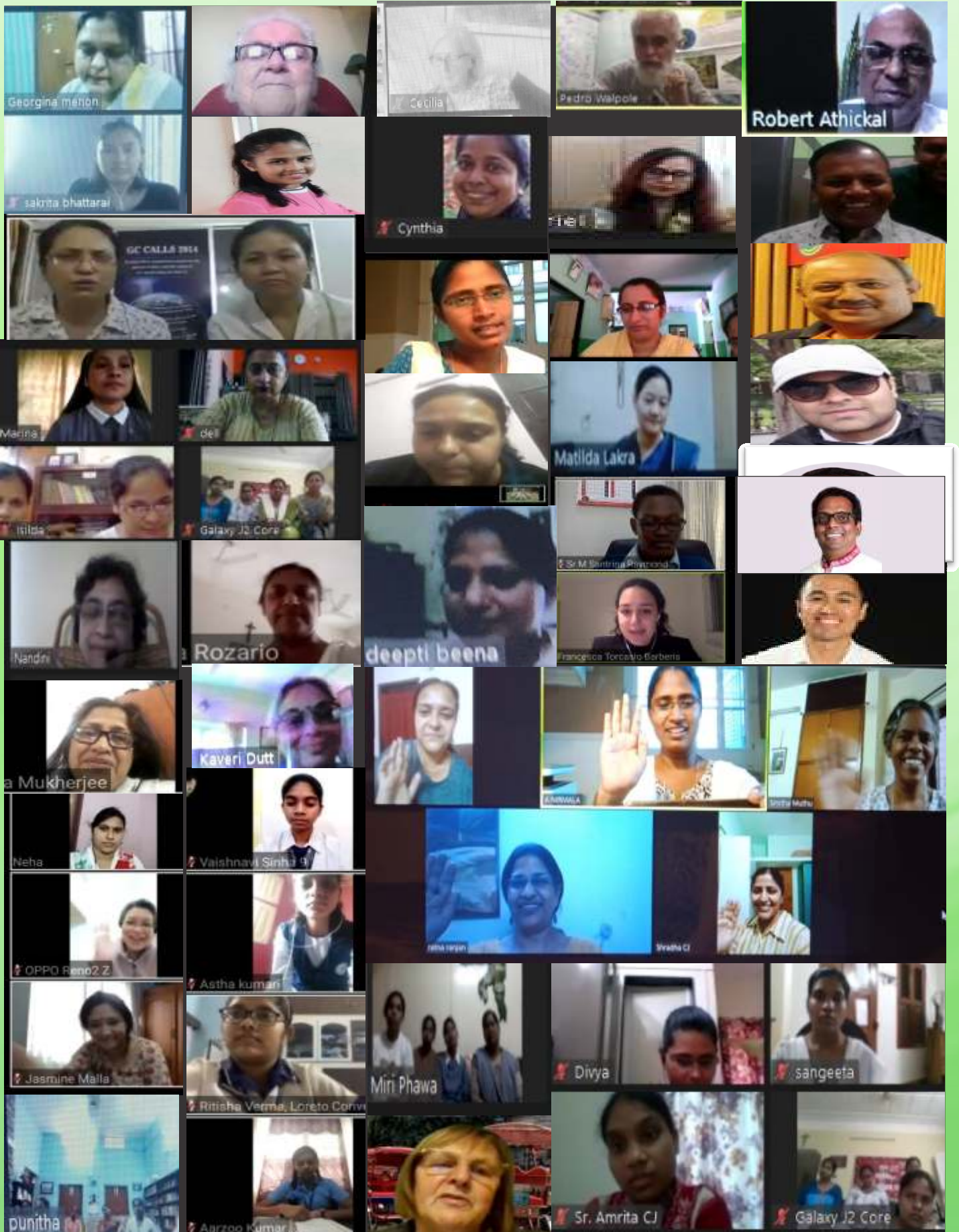
“Both **EVERYDAY EXPERIENCE** and  
**SCIENTIFIC RESEARCH** show that the  
**gravest effects** of all **attacks** on the  
environment are suffered by the  
**POOREST**.”

(Laudato Si' 48)

“The **climate** is a **COMMON GOOD**,  
belonging to **all** and meant for **all**.”  
Pope Francis

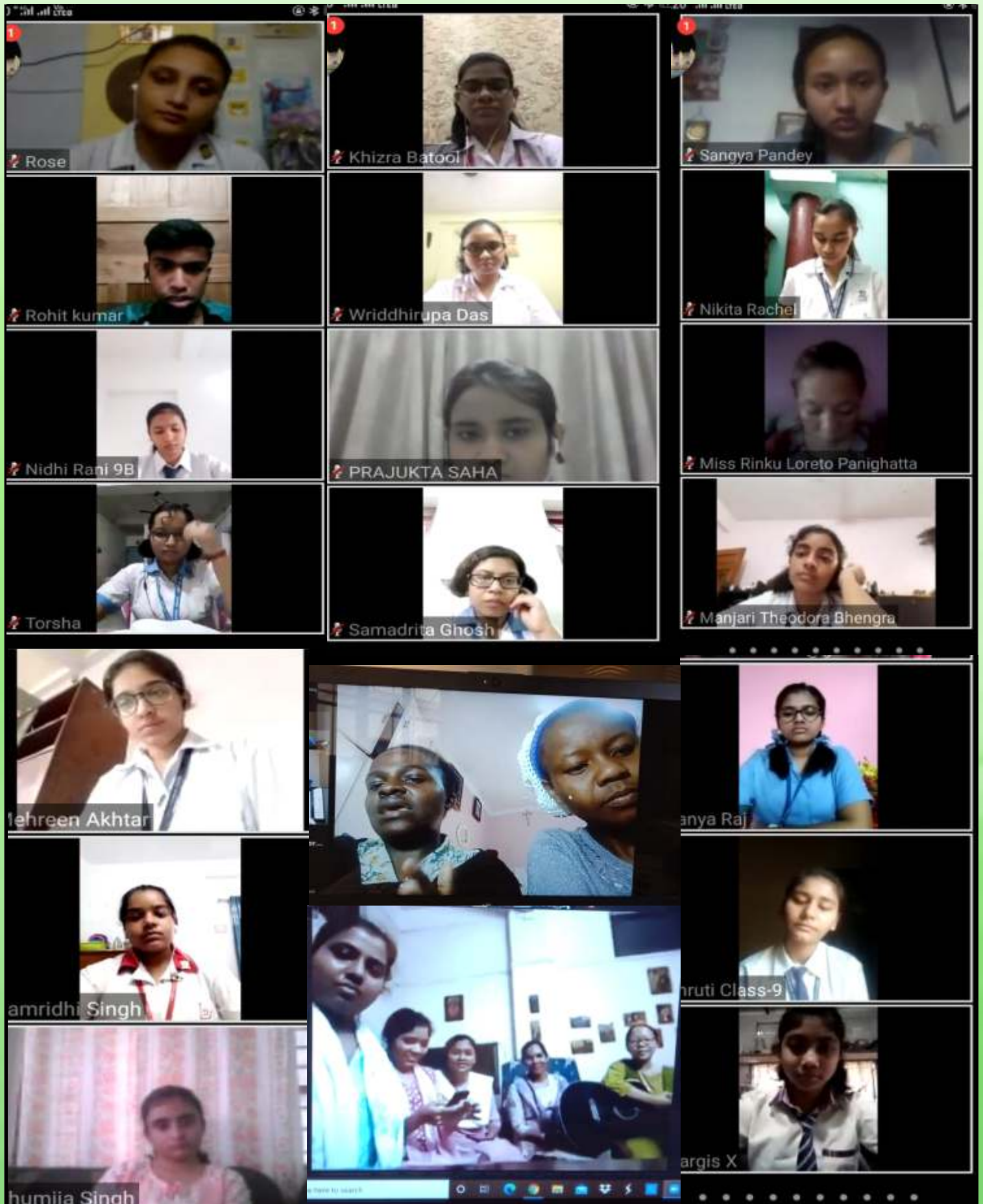


# THE VIRTUAL IS REAL





# THE VIRTUAL IS REAL





**Take urgent action  
to combat  
climate change  
and its impacts**



## *Mary Ward Sisters South Asia Celebrate The 5<sup>th</sup> Anniversary of Laudato Si' Week from 16-24 May 2020.*

DAY	DATE	EVENT & TOPIC	RESOURCE PERSON	PARTICIPANTS	TIME
Day 1	16.5.2020	Celebration of Biodiversity Celebration of Biodiversity	Ms. Devopriya Dutta Ms. Devopriya Dutta	The young and inspired students	10 - 11:30 am 4 - 5:30 pm
Day 2	17.5.2020	Cosmic Walk of Life	Fr. Robert Athickal SJ	Open Forum	4 - 5:30 pm
Day 3	18.5.2020	The spirituality of Laudato Si' and the role of Teacher-I	Fr. Zenith William SJ	The Educators	4 - 5:30 pm
Day 4	19.5.2020	The spirituality of Laudato Si' and the role of Teacher-II	Fr. Zenith William SJ	The Educators	4 - 5:30 pm
Day 5	20.5.2020	Embedding Laudato Si' and the SDG 2030 into the curriculum	Br. Steve Rocha	The Educators	4 - 5:30 pm
Day 6	21.5.2020	Personal Commitment: concrete action plans for eco friendly life Dialogue for Eco-Transformation- Laudato Si' a firm ground	Sr. Ancy CJ Sr. Prabina Rudum IBVM	The Educators Young Sisters and novices	10 - 11:30 am 4 - 5:30 pm
Day 7	22.5.2020	<b>PANEL DISCUSSION: THEME-ACT LOCALLY, IMPACT GLOBALLY</b> 1. Generation Z as Crusaders and good Samaritans for our common heritage and home 2. Dare To Care: The media shows the way 3. Need Vs. Greed 4. Stop the Chop	<b>Moderator: Sr. Marilla D'Souza IBVM</b> Speaker 1: Ms. Francesca Torcasio Barberis Speaker 2: Mr. Jimmy Tangree Speaker 3: Sabina Khatun Speaker 4: Brex Arevalo	The young and Inspired students	4 - 5:30 pm
Day 8	23.5.2020	<b>PANEL DISCUSSION: THEME - GETTING DOWN TO EARTH</b> 1. A zero waste warrior-To be or not to be one 2. Us Earthlings, as Seekers of Truth and Doers of Justice 3. Living waters, Flow on 4. Nature & Nurture-Two Sides of the Same Coin	<b>Moderator: Sr. Marilla D'Souza IBVM</b> Speaker 1: Mr. Tushar Himatsinghka Speaker 2: Sr. Monica Suchiang IBVM Speaker 3: Ms. Elsie Gabriel Speaker 4: Fr. Pedro Walpole SJ	Open Forum	4 - 5:30 pm
Day 9	24.5.2020	Dialogue for Eco-Transformation Laudato Si' a firm ground	Sr. Prabina Rudum IBVM	Young Sisters and novices	4 - 5:30 pm



**Tarumitra**  
Friends of Trees



# Key Panellists of Laudato Si' Week



## **MS. DEVOPRIYA DUTTA**

Devopriya Dutta is the Youth Coordinator of Tarumitra, Patna, National Headquarters. She is a Masters degree holder of Sociology from Patna, University. She coordinates activities and campaigns of Tarumitra with school and college students since 5 years. She has been the Youth representative of Tarumitra and has addressed ecological issues concerning SDGs in New York, United Nations. She has also addressed Pan Asia Pacific Summit in Bangkok, Thailand. In 2018, she was invited by the religious congregations to address summit in Rome on the occasion of 3rd anniversary of Laudato Si'. She has carried educational programs with Notre Dame Schools in Kenya and Tanzania, Africa, in 2019. Apart from Tarumitra, she is also in the core committee of South East Asia Eco Jesuit Network for Environmental collaboration.



## **DR. FATHER ROBERT ATHICKAL**

Father Robert Athickal, Environmentalist, Lecturer in Theology, Co-ordinator of Tarumitra India. Organizes Retreats based on Eco-spirituality. He is deeply involved in community activities like Campaign for Herbal Plants and trees which resulted in the creation of the Tarumitra Bio-reserve in Patna which has over 450 varieties of rare and endangered plants planted and propagated. Similar Bio-reserves are making in Gujarat, Meghalaya, Karnataka and Kerala.

He was part of delegate to United Nations Frame Work Convention on Climate Change 2002, United Nations NGO Workshop, USA 2003 and part of many other delegates to UN's Tunza Conferences in Connecticut USA, Tayohashi Japan, Stravanger Norway, Bandung Indonesia and Rio Brazil. Fr. Robert received Best Teacher Award from Rotary Patna, Commendation from Centre for Science and Environment, Delhi, Doctorate in Ecological ministry, Honoris Causa at the Holy Cross, Worcester, Boston, USA.



## **FR. ZENITH WILLIAM**

Fr. Zenith William has done M.A. in Political Science from Madras Christian College, Chennai, and M.Ed from St. Xavier's College, Palayamkottai, Tamilnadu. Editor of Calcutta Jesuits and Friends Magazine. He has worked as Headmaster St. Xavier's School, Durgapur, At present he is Joint Secretary St. Lawrence High School, Kolkata.



## **FRANCESCA TORCASIO BARBERIS**

Francesca is the current Youth Representative for the IBVM and CJ NGO at the United Nations.

She is currently working from her home in Melbourne Australia.

She is a past pupil of Loreto Mandeville Hall in Melbourne.

She is a graduate in science and has experience working in Policy making, social development and leadership training.



## **SR CYNTHIA CJ**

Sr Cynthia did her bachelor in social work from the college of Social work Nirmala Niketan Mumbai. She has worked in the rural areas of Bihar working with women and children in order to enhance her desire to ensure rights for the people especially the poor. She did her law from Vivekananda College Bangalore and at its completion she utilized it very well to bring justice to the poor, people in jail & rape victims. Since three years she is working with the UN NGO network collaboration of the IBVM and the CJs.

# Key Panellists of Laudato Si' Week



## **JIMMY TANGREE**

Jimmy Tangree Hails from a Business Family and has done his education from St. Xavier's Kolkata. His love for music got him into Deejaying since February 1983 and radio since February 1994. With over 37 years of deejaying and over 26 years of radio experience he has truly established himself in this domain. He is known as the radio man who not only engages but also touches lives on radio. He has set up and headed operations for some premium Radio Stations over the years. Currently he is Heading

91.9 Friends FM.



## **SABINA KHATUN**

SABINA KHATUN is a 15 Years old student of class 10, studying at Lee Memorial, High School, resides in Loreto Rainbow Home, Dharamtala, Kolkata. She came to Rainbow Home in the year 2009 and has five siblings. She is living in Rainbow Home with her elder sister. She is good in studies, in class IX, she secured 2nd position in class. She is also good at sports and dancing. During our annual school sports she had won gold and silver medals for throw ball and kho-kho. Sabina is hard working, responsible and has

leadership quality.



## **BREX AREVALO**

Brex Arevalo is an environmental planner by profession working primarily with youth and faith-based organizations. He helps manage Ecojesuit, the global network of Jesuits and partner exploring collaborations for integral ecology. He is also the Director for Education and Research of the 2030, Youth Force in Philippines, Inc. that is engaging with the youth towards the attainment of the United Nations Sustainable Development Goals.



## **MR. TUSHAR HIMATSINGHKA**

Tushar Himatsinghka is a qualified MBA from UK, and much-experienced Professional having a decade long stint in Banking, Insurance, Real Estate and Logistics Services. In waste management and recycling, Tushar has found an answer to his calling, a good, profitable business, and an idea that helps him make the world a better place. While there is a strong need to formalise waste management and recycling in India, just about a handful of companies are into this business and none existed in Kolkata. This

motivated Tushar all the more to start Vital Waste and bring about a revolution starting from his own city.



## **SISTER PRABINA RUDUM IBVM**

Sister Prabina Rudum is a Loreto Nun currently pursuing a degree of Licentiate in Theology (Jana Deepa Vidyapeeth, Pune). She has various ministerial experiences involving Street Children Homes, sex workers and their children in Sonagachi and Khidirpur, Kolkata. She has also been a Counsellor in Tihar Jail for two years besides being a Parish Youth Animator in Kolkata and Delhi. A committed Spiritual Guide to Friends of Mary Ward (Lay associate) for two years and a proficient Teacher to Novices.

Sr. Prabina has also been involved in Conducting Seminars and Retreats.



# Key Panellists of Laudato Si' Week



## **MS. ELSIE GABRIEL**

Global speaker on climate change, certified diver underwater Naturalist, Founder of the Young Environmentalists Programme Trust in Mumbai, India is an award winning environmentalist and Climate Reality Mentor. Elsie Gabriel is an environment law expert working on Youth, and Ban on plastics. She started the Cloth Bag Revolution. She was awarded the Mayor's award in Maharashtra, India for creating over five lakhs of Eco Ganesha out of the silt of Powai lake and Mithi river to sensitize citizens on using bio degradable mediums to make idols.

Her NGO focuses on Environment and Civic projects in schools and colleges across the country, enforcing the curriculum to reinstate the subjects of Environment Science and Ecological Studies in the academic agenda. Elsie Gabriel is an award winning author of the book called - 'Get Out Get Going Outdoors', which was launched by the Governor of Maharashtra. She has been a writer for the Times of India and continues to contribute in many magazines and news outlets to throw light on Climate Change and Environment.



## **FR. PEDRO WALPOLE SJ**

Fr. Pedro Walpole SJ works in community land management and disaster risk reduction in Southeast Asia. He teaches a graduate course on integrating human development in natural resource management for Asian graduate students of the UN-mandated University for Peace and the Ateneo de Manila University. He is The Coordinator of Ecojesuit, the global network for integral ecology exploring collaborative action.



## **BR. STEVE ROCHA**

Br Steve Rocha is a child rights advocate who has been engaged in this field since 1990. He is the Founder Director of PRATYek, an organisation that visions every child being trained to advocate for every right for everyone. He is also the National Convener and founder of the 'NINE IS MINE' campaign, an initiative of, for and by the children to advocate for appropriate public investment in children.

Br. Steve Rocha is the Asia level Advocacy Coordinator for Edmund Rice International based in Geneva. He has facilitated child-led interactions with policymakers and leaders at village, state, national and international levels including the United Nations in Geneva and New York.



## **SR. ANCY CJ**

Sr. Ancy is a CJ sister belonging to PATNA Province. She has done her Bachelor in Social Work from Nirmala Niketan, College of Social Work Mumbai. She did her Masters in Social Work from Tata Institute of Social Sciences, Mumbai. Sr Ancy is JPIC coordinator of Patna Province. She is working as a Child protection officer under POSCO. Sr Ancy is an expert trainer on various social concerns such as human rights, rights of women & children, leadership youth trainer and safe environment. At present working in Gulni, Nawada district Bihar as the director of the social service centre Snehadeep.



## Reflections on 5th Anniversary of Laudato Si' Week

Today's online discussion on Biodiversity was extremely informative and enlightening.

It made me realise the importance of biodiversity for human existence. We have to realize that Mother Earth is our home which we share with other species and our selfishness has resulted incatastrophic consequences. A big reminder of this is the Coronavirus crisis that the world is facing today. As children, it is our responsibility to help the Earth to heal so that we & the future generations can have a better life or else we too will be on the verge of extinction like so many other species.



**SAMAIRA SINGH**  
LORETO DELHI

Ms. Dutta is a brilliant speaker, she was able to answer student's questions with ease also making us understand in the process. Ms. Dutta first explained us what is biodiversity, and how important it is for us to preserve not only forests and it's habitat but also those few trees found in urban areas as well, because, as she said "Vasudhaiva kutumbakam" Which in Sanskrit means "The world is one family". Which simply implies we need to take care of our surroundings as this whole planet is our home. This word of Sanskrit is applicable to current situation of the world ,where we should fight as one big family against the Covid-19 pandemic.



**SHREYA GUPTA**  
LORETO DARJEELING

I respect Tarumitra's concept of celebrating various festivals focussing on trees, such as Holi (by using Organic colours) and Raksha Bandhan (by tying threads around the trees). Before starting any program, members of Tarumitra perform 'Aarti' of the trees. Tarumitra is also doing a wonderful work of 'reuse of single-use plastic' for road construction and building huts. The webinar also provided opportunity for us to discuss and ask questions through an interactive session. I expressed my concern about the increasing pollution in the river Ganga and suggested that awareness generation through street plays can sensitize people towards cleanliness of the river.



**AARZOO KUMAR**  
LORETO RANCHI

Biodiversity is the term used to describe the variety of life on Earth in all its forms. It is estimated that there were around 1400 different species of plants of which only less than 25 species remain. We the young students can take urgent action to combat climate change and its impacts. By making small changes in our lifestyle and habits we can bring about a difference. The need of the hour is Conserve, Preserve and Connect with nature. The lasting impact and a thought to linger on :

***If not now, when, if not here, where, if not us then who ?***



**SAMPURNA CHAKRABORTY**  
LORETO CONVENT, DELHI



## Reflections on 5th Anniversary of Laudato Si' Week

MAY 16th: PANEL DISCUSSION-THEME: **CELEBRATION OF BIODIVERSITY**

RESOURCE PERSON: **DEVOPRIYA DUTTA**

"The whole world is one family."

"We treat the earth as our mother, not as an object."

"Nothing is waste for Tarumitra."

These words resounded in my ears as Miss Devopriya Dutta walked us through the inspirational story of Tarumitra on the pleasant Saturday evening of 16th May, 2020.

This session on biodiversity began at 4pm and went on for the next two hours which included a question - answer round.

She fuelled our spirits by talking about the great healing capacity of this planet and the baby steps we could take towards this silent mother. Her dedication and sense of responsibility is both moving and inspiring.



**UMIKA PANDA**  
LORETO HOUSE SCHOOL  
KOLKATA

I was spell bound to find children of my age in many of the pictures projected by ma'am.

The meeting room burst into an environment of excitement when Ms Dutta suggested us the idea of filling plastic bottles with one time used plastic and use them in place of bricks, I was impressed by that innovative idea.



**ZOHA WASIM**  
LORETO DAY  
BOW BAZAR

Today's online discussion on biodiversity was really informative and an eye opening session.

It made me understand that if we, humans continue to be ignorant about serious issues such as deforestation, global warming and environmental degradation we will have to bear the consequences.



**ANISHA**  
ST. AGNES' LORETO  
LUCKNOW

'Together' is the keyword here. Without the support of everyone we cannot even aspire to achieve anything. The earth is a heaven for each living thing. We may not be physically in connection with them but we are still the children of this world. This world is not our toy. We have no right to dominate other lives. We should not tamper with the nature as we will have to pay the price for it sooner or later.



**ZUBIA FATIMA**  
ST. AGNES' LORETO  
LUCKNOW



## Reflections on 5th Anniversary of Laudato Si' Week

It was a pleasant surprise to attend this session. It was a great opportunity to interact with so many Loretoites, Sisters and teachers via online session. It was very refreshing.

I want to thank Sr. Marilla and my teachers for choosing me for such an enriching and knowledgeable experience.



**AFIYA AMIN**

the zoom session with me. Ms. Dutta started by talking to us about Tarumitra and Biodiversity. She then allowed us to ask as many questions as we wanted to. There were so many different topics we touched, from extinction of animals to extinction of human being— a huge variety. It was a great experience. I would like to thank our principal and my teachers for giving me this opportunity.



**SHINJITA GHOSH**  
ELLIOT ROAD

The session was an enriching experience. I am very thankful to our Principal and teachers for selecting me. It was a learning experience for me. I was very happy to represent my school.

I never expected such a wonderful session in this pandemic. I enjoyed the session and I look forward to attend many more sessions like this.



**KASHISH AGARWAL**  
ENTALLY

It is just wonderful! This programme made me realise that we all can bring about change, find hope in difficult times like these because as the saying goes -----

“Every single drop makes the ocean.”

Therefore, I would like to conclude by saying it was an intriguing and life-changing experience today. Thank you Sister Nirmala, my principal Mrs. Gomes to give us this opportunity and to everyone who worked hard behind the scenes to make this such a successful session.



**RUDRANSHI SINGH**  
LORETO HOUSE  
KOLKATA

The workshop was useful, informative and as well as enriching for us. The session took place on the Zoom app. They showed us slides based on the topic. It was mind blowing to see a big house made out of only waste plastic rappers of candies, chips, chocolates, etc. The house was also earthquake resistant.



**SANJHIYA MUKHERJEE**  
SEALDAH

## Reflections on 5th Anniversary of Laudato Si' Week

Miss Dutta explained how all of us are siblings because all of us share a common mother- Mother Earth. She reminded us that there was only one planet, one family and one mother. She told us that Tarumitra Biosphere Reserve followed 'Vasudhaiva Kutumbakam' which means "The whole world is my family".



**SHUCHISMITA ADHIKARI**  
LORETO CONVENT ASANSOL

This conference was immensely informative. We learnt that if conservation of natural resources goes wrong, nothing else will go right. It was an honour being a member of this meeting and I will cherish my interaction with Ms. Devopriya Dutta in the years to come. She taught us that we need to think and act sensibly so that we succeed in saving mother Earth, the only place we've got to live. We need to strive as hard as possible to see a beautiful world of immense humility. We need to love each other like brothers and sisters and we need to protect and preserve nature like our own home.



**SANYA RAJ**  
LORETO RANCHI

### **Do you remember the bird Dodo?**

Dodos only ate silver oak from the Silver oak trees. Later there was deforestation and poaching of dodos. Soon when the last dodo was hunted down, the silver oak trees also went extinct. This happened because dodos were the only birds who ate the fruits grown on that tree. Due to this disturbance in the food web, 2 important species went extinct.



**NAINA KUMAR**  
LORETO DELHI

This zoom virtual session was a truly informative experience during these difficult times that has enabled all the students who attended the session to think of many ways to contribute to the environment and think about how and why we need to preserve biodiversity for the coming generations. As Greta Thunberg says, "We must unite behind the science. We must take action. We must do the impossible. Because giving up can never be an option."



**AMMAIRA KAPUR**  
LORETO DELHI



## Reflections on 5th Anniversary of Laudato Si' Week

It was an extremely memorable and enriching experience as it helped us to get connected with many people from all around the country. It reminded us of the existing climate crisis and educated us about the ways in which we can help to ensure that our rich and diverse flora and fauna is conserved.



**MRS. S.DEY**  
LORETO HOUSE  
KOLKATA

Our biodiversity is indeed at crisis today and in the urgent need to be protected. The animals, plants, and other billions and trillions of living beings all are dynamic and important in their ways, and mostly dependent on each other, starting from a small ant to a giant elephant.

This online meet to celebrate 'Laudato Si' week enlightened us about the crisis our biodiversity is facing, and the urgency why it should be not only heard but also carried out by people who understand how important of a matter it is. It is also really inspirational as to how TaruMitra works continuously for the world's well being, and the interaction did wonders to our minds too.



**SAMADRITA GHOSH**  
SEALDAH

I had nothing but complete reverence for Ms. Dutta because of the knowledge she possessed about biodiversity and its importance. Her expertise and command made the webinar even more interesting and captivating. Later, the floor was open for questions wherein students of different Loreto institutions across India asked questions and offered solutions for protection of biodiversity. Ms. Devopriya Dutta answered each and every question with immense calmness. She was thorough in her answers and often went out of her way to give us a better and deeper understanding of the topic at hand.



**SUHANI SRIVASTAVA**  
ST. AGNES' LORETO  
LUCKNOW.

**MAY 17th: COSMIC WALK OF LIFE**

**RESOURCE PERSON: FR. ROBERT ATHIKAL SJ**

On 17th May, 2020 an online session was held at 4 pm on the Zoom platform as part of the 5th anniversary of Laudato Si' Week. The topics for discussion were the ecological issues and the cosmic walk of life.

Father Robert spoke at length on his vision of an Earth – friendly living by following the three R's: Reduce, Reuse and Recycle. Father continued by talking about the mosquito paradigm and even quoted the famous speech by Chief Seattle, "Human kind has not woven the web of life. We are but one thread within it. Whatever we do to the web, we do to ourselves".



**MS. M. MEHROTRA**  
LUCKNOW

# Reflections on 5th Anniversary of Laudato Si' Week

DATE : **18th MAY**

TOPIC: **CREATURES EXIST ONLY ON DEPENDENCE ON EACH OTHER , TO COMPLETE EACH OTHER , IN SERVICE OF EACH OTHER.**

RESOURCE PERSON : **FATHER ZENITH WILLIAMS**

On the occasion of the 5th anniversary and celebration of Laudato Si week, Fr. Zenith William conducted a session on the role of a teacher from the perspective of Indian Spirituality.

During the session father spoke about 'conscience' We ourselves are responsible for our present situation. Therefore the solution to all problems is Spirituality. Spirituality is our inward journey towards our inner soul.

Thus in the same way teachers should go deep within and realise who we are. We should become like Christ. We must make ourselves wiser. And look at each thing from a Divine perspective. He also told us to say or chant the name of our Lord Jesus Christ. Fr. Zenith shared Pope Francis's view that is, 'to achieve spiritual consciousness should be the ultimate goal of life'.



**ANGELINA FABIAN**  
LORETO ST. VINCENT'S  
THAKURPUKUR

Fr. Zenith William quoted Laudato Si' and stated integral ecology is made up of simple daily gestures with the break with violence, exploitation, and selfishness. In the end, a world of exacerbated consumption is at the same time a world that mistreats life in all its form. ( LS230)Further he emphasised that Pope Francis is talking in terms of ecology through the idea of Isavasyam Idam Sarvam. This tells us that God not only created the universe but is also present in all of it. Spirituality is an inward journey to know one's true self beyond body and mind. It is to recognize that you are the 'Aatma' -The Spirit.



**MS STELLA CHAKRABORTY**  
LORETO CONVENT ,DELHI

The seminar that was organised by means of a digital conference. It was an extremely awakening experience for all of us. It gave us new insights on how every problem that we face in the external world, goes deep down within each of us on a spiritual level.

It really helped us in not only discovering the correlation between ecological problems and our spiritual selves but also made us aware of measures like meditation that enhance our health on a deeper level. It was the need of the hour when all of us are amidst a lockdown with varied emotions and perspectives and such talks really help us reach our deeper and higher selves, that which is in unison with the supreme being.



**PRANEETA KAMAL**  
SHIMLA

Fr. Zenith Williams session on perspective of spirituality was very awakening. Father made it clear about our inward journey to understand our own self and finding out God in each and every one of us. The role of a teacher to remove the darkness and teach the techniques of mind control was very enriching and enlightening.



**MS. SAMMI BHANDARI**  
ST. MARYS HIGH SCHOOL KATHMANDU, NEPAL



## Reflections on 5th Anniversary of Laudato Si' Week

Father Zenith talked about the positive side of this pandemic and asked us to help each other and to rise together. He explained that this week is about celebrating life and spreading love. He also highlighted the issue of "GLOBAL ECONOMIC BREAKDOWN". Father talked about spirit consciousness i.e. to see ourselves as children of God. Most importantly he explained the turbulent nature of mind which can be only mastered by practice. Further he requested us to spare at least 5 minutes to spend time with ourselves and reflect.



**KHUSHALI SINGH KANWAR**  
SHIMLA

Father talked about healing yourselves along with the Mother Earth and everyone around, he talked about spirituality not in a religion or riches but in the righteousness of the soul. He not only highlighted major modern issues like marginalisation and globalisation but talked about how they affect our being. He gave us food for thought as well as hope and strength to go through this tough time together.



**KHUSHI GUPTA**  
SHIMLA

In the end during the question answer session sisters and teachers gave very relevant suggestions to implement spirituality in class with students such as putting emphasis on meditation. While answering the question asked by one of the teachers Sister Nirmala suggested how to combine spirituality in our teaching period. She said that we should have at least two minutes of silence in each period in the beginning as this will enable the students to focus and thus understand the topic better.



**DR. S. SRIVASTAVA**  
ST. AGNES LUCKNOW

Father covered the issues of economic crisis like globalisation, marginalisation and also talked about spirituality. Under the topic of spirituality he talked about a lot of things which were quite helpful and some of the things which we really needed to hear in such time of crisis. We should not only help ourselves but should also help others. We need to give up the greed that we have in us and should be more caring and loving towards others as well as towards ourselves. We live in a planet where there is biodiversity and that we should come in terms with that and live in peace. We should not only extract resources from the environment but also return the favour by giving it time to rejuvenate. Father also talked about the current situation of lockdown and asked us to be patient in such time of crisis.



**DR. S. SRIVASTAVA**  
ST. AGNES LUCKNOW

Mahatma Gandhi once said, 'The best way to find you is to lose yourself in the service of others.' Coming to know ourselves helps us to have more accurate perceptions of everything else around. Having a spiritual life is one of the best ways to introspect ourselves. It calms and tranquilizes our mind and body. The less we know about ourselves, the lesser we will be able to live our life to its fullest potential. Jesus was touching on a similar theme when he said, 'Why do you see the speck in your neighbor's eye, but do not notice the log in your own eye?'



**RIDHI SHRESHTHA**  
SHIMLA

# Reflections on 5th Anniversary of Laudato Si' Week

MAY 19th: **THE SPIRITUALITY OF LAUDATO SI' AND THE ROLE OF TEACHER**

RESOURCE PERSON: **FR. ZENITH WILLIAM SJ**

Father Zenith William effectively conducted this session, wherein he shared a beautiful definition of Spirituality from Laudato Si, " Spirituality is inward journey to know one's true self beyond body and mind. It is to recognize that you are the Atman (spirit)."



**KHUSHBU VERMA**  
SHIMLA

Father started off the session by a prayer "Bhoomi Mangalam" chant, seeking blessings for each one of us. He emphasized that problems related to mother earth's degradation needs a spiritual solution. He quoted that nature can live without us, but we cannot live without nature. He further explained that we should not harm each other and follow the concept of "Isavasyamidamsarvam", meaning everything in the entire universe is enveloped by God.

Father also suggested that as teachers it's our responsibility and duty to set our self as an example. A teacher is remover of darkness and should have the courage, ability and the freedom to make changes. As a teachers we need to follow these three paths:

1. Admire nature 2. Be grateful to nature and; 3. Protect nature.



**Ms. V. SINGH**  
LORETO  
LUCKNOW

This call definitely triggered my mind and spirit. He then threw light upon the techniques of mind control for both teachers and students. We, as teachers have a significant role to play to help our students see the world selflessly.



**SWATI NANDI**  
ST. MARY'S SCHOOL  
KATHMANDU NEPAL

Father spoke about how the problems related to ecology are actually a spiritual problem. He asked us to think about two basic questions-'Who we are?' and 'How we are related to each other?' He then explained the concept of Indian Spirituality –God created all of us and is present in all of us.



**MRS. JAYA H. SUBBA**  
LORETO DAY SCHOOL ELLIOT ROAD

The session concluded with some thought provoking questions –

Q. 1 How do we emphasize environmental concern as a rallying point for different religions, cultures and traditions through are engagements in our teaching?

Q. 2 In what way our teaching can quench this thirst of students for a greater meaning and fullness of life?

Q. 3 In what way can our Teaching influence others and ourselves to form right relationships with one another, to empathise with the marginalized and to empower them?.

The vote of thanks was proposed by Ms. Jaya from St. Mary's Kathmandu.

We extend our heartfelt gratitude to Sr. Anima who gave us this wonderful opportunity to be a part of this spiritual journey. We are also grateful to Sr. Nirmala, Father Zenith Williams and teachers who shared their insights with us.



**Ms. V. RAO**  
LUCKNOW



## Reflections on 5th Anniversary of Laudato Si' Week

MAY 22nd: **PANEL DISCUSSION-THEME: ACT LOCALLY, IMPACT GLOBALLY**

**SPEAKERS: Ms FRANCESCA TORCASIO BARBERIS, Mr JIMMY TANGREE, SABINA KHATUN, BREX AREAVALO**

On 22nd May 2020, an online session was held by Mary Wary sisters and Tarumitra to spread awareness about how each individual can make a huge difference by working towards the same goal that is protecting the biodiversity. The theme of the webinar was 'Act Locally, Impact Globally'. We were introduced to some renowned personalities like Ms. Francesca Barberis, the UN Youth Representative, Mr. Jimmy Tangree a well-known personality from the music and radio industry, Ms Sabina Khatun, a 15 year old prodigy and Mr. Brex Areavola, a sustainable development worker from Philippines.



**SNEHA HADALIA**  
LORETO CONVENT  
DARJEELING

**TOPIC – GENERATION Z AS CRUSADER AND GOOD SAMARITAN FOR OUR COMMON HERITAGE & HOME.**

**SPEAKER1– MS FRANCESCA TORCASIO BARBERIES**

Firstly, Ms. Francesca Barberis spoke about the topic; “Generations as crusader and Good Samaritan for our common heritage and home.” Ms. Francesca talked us through inspiring people of all generations to work for the protection of our common heritage and home.

Examples of women such as Greta Thunberg, Malala Yousafzai and Mary Ward were given, for us to learn how they contributed for the society without expecting anything in return.



**PAARUL PRADHAN**  
ST.MARY'S KATHMANDU, NEPAL

Ms. Francesca Torcasio Barberis, an eminent youth representative at the United Nations made us realize how we as mellenials can act as agents of change. We can voice our opinions and stand for what we believe. We have all the resources at hand all we need to do is use them efficiently to save our biodiversity. This session made me realize that all of us have the power within us to make a change. It is the need of the hour to nurture our 'common home'. The Earth has been benevolent to us now it our turn to give back. Las but not the least, I would like to thank all the Loreto sisters for organizing such an informative webinar. Together we can all light a candle rather than cursing the darkness.



**ADISRI KAPOOR**  
ST AGNES' LORETO  
LUCKNOW

The session gave us many valuable information about how we, the youth, can play a major role in bringing about a change in the current world. Ms. Francesca Torcasio Barberi told us that if we want to bring a change in our community then first we must know our community, because that's how we can figure out the ways in which we can bring a change.



**SHREYA SHRUTI TOPPO**  
LORETO CONVENT  
DORANDA, RANCHI

The first speaker was Ms Francesca Torcasio Barberis, the UN youth representative. She told that young people are powerful and change makers as they have the right information, creativity and knowledge.



**ROSEMARY DESSA**  
LORETO ELLIOT ROAD

# Reflections on 5th Anniversary of Laudato Si' Week

TOPIC: DARE TO CARE – **THE MEDIA SHOWS THE WAY.**

Speaker 2 – **MR. JIMMY TANGREE**

Why are people strong crusader of change?

It is important to remember everyone who made life possible.

Media is an influence factor.

Youth can change the world.

Because of the Pandemic we are able to see the beauty of an individual.

Mr. Jimmy, with a lot of exuberance and vigour, talked about youth changing the society as an act of care and not as an act of show. He talked about the role of media as means of delivering news and its pros and cons. He urged for people to look at the earth as their extended homes and to stop with the unnecessary pollution.

"DARING to care": "I went from being a boy WISHING to care, to a boy DARING to care".

This meeting with many speakers furnished me with lot more awareness and awakening of our selfish ventures which has led to this present situation of world of Natural Calamities, Diseases, Pollution, and Scarcity. What we suffer now from this negative change of the world is the impact of what we did in the past. The world is not going to change itself but we are the ones to change.

So, it's in our hands to alter back this beautiful MOTHER LAND to its natural form. "If there is a WILL, there is a WAY".

DARING TO CARE" Mr. Jimmy Tangree, the man who changed the face of FM radio stations, told us that not all news on internet is true and also that 84% of the people listen to radios at their homes and only the remaining 16% listen to it in their cars. Mr. Brex told us about his visit to India in November 2019 for his project titled 'Ecojesuit' which is related to Herbal Medicines. The speakers also made us aware of different schemes which they are carrying out for saving our environment.

We were motivated to lead a balanced life by following great examples set by young crusaders like Malala Yousafzai and Mary Ward. The session was very enlightening and I feel blessed to be able to attend this meeting. I would like to thank all the teachers and sisters whose presence made it more valuable.

TOPIC – **NEED VS GREED.**

SPEAKER-3: **MS SABINA KHATUN**

Speaker was Ms Sabina Khatun who spoke on the topic "Need vs Greed". It was very inspiring to hear her about what should be done in the society. We got to hear from a student like us to take action for the SDGs. It was very interesting listening to her as sustainable development is one of the most important issue right now in the world. I feel very privileged to be able to be a part of the meet that day. And I hope to attend more of such meets in the near future. Thank you.



**ENNA BANSAL**  
LORETO DELHI



**DANIYA KHAN**  
LORETO LUCKNOW



**JOSHUA.C. MANIYARA (CLASS X)**  
ST MARY'S CONVENT I.C.S.E SCHOOL,  
BANGALORE



**ANOUSHKA CHOUDHURY**  
LORETO CONVENT RANCHI



**ANUGYABHANDARI**  
CLASS X, ST.MARY'S HIGH SCHOOL  
JWALAKHEL, LALITPUR, NEPAL



# Reflections on 5th Anniversary of Laudato Si' Week

TOPIC – **YOUTH ACTION FOR THE SUSTAINABLE DEVELOPMENT GOAL**

SPEAKER:4 – **MR BREX AREVALO**

Finally, we had Mr. Brex Arevalo, an environmental planner who shared some of his professional experiences on this area and gave us some insights on the SDGs. He also informed us that May 22nd was the 'GLOBAL DAY OF SOLIDARITY'. He mainly talked about the theme 'leave no one behind' and informed us about the pillars of sustainable development.

Last but not the least, Mr. Brex told us in what simple ways can we work to achieve the Sustainable Development Goals and how they are inter-related. He told us that if we strive to work towards an SDG make it our motive, then little by little we can achieve it and all the other SDGs following. He said and I quote “Leave no one behind”, and that was enough to get our minds working to think of ways to achieve our goal.

After hearing all the speakers, I was invigorated and had a new drive to work on actions which could lead to change. The speakers were eager to tell us all they knew in the Q&A session, and this session was probably my favorite part of the meet. Ingenious questions were asked to all the speakers, who gave brilliant, inspiring answers. Indeed, they seemed to push us to go ahead and get started with our own movements for change. I am very glad and grateful for having the opportunity to take part in this inspiring meeting.

23.5.2020

TOPIC: **EMBEDDING LAUDATO SI AND SDG 2030 INTO THE CURRICULUM**

RESOURCE PERSON: **BR. STEVE ROCHA**

Brother Steve is a child rights advocate and the founder director of PRATYek, an organization that visions every child being trained to advocate for every right for everyone. The topic of the discussion was "Embedding Laudato Si' and Sustainable Development Goals in our curriculum". Various interactive activities were held such as "Guess the word related to SDG" and many videos and songs were shown to generate awareness. The talk about adding "Sustainable Development Goals" to our school curriculum had taken place wherein we were made aware of the relation and co-dependence between our subjects and the most pressing problems of today's era.

The session was very informative and eye opening. Br Steve in a very clear and fun learning way brought to our knowledge the exact idea about human rights criteria he did that by introducing to us a fun activity which contained the “missing words game” which told us all about the human rights and how we should be aware of them. He presented it to us in a very easy manner so that we could remember it for life long

HUMAN RIGHTS CRITERIA:-

1. S(2)- Safe, Sustainable
2. P- Participatory
3. R- Redressal, Remedy
4. A(5)- Available, Affordable, Accessible, Acceptable and Accountable
5. I(2)- Inclusive, Information
6. N- Non Discrimination
7. Q- Quality



**BIJYETAMAHARJAN**  
ST. MARY'S  
LALITPUR, NEPAL



**SAMREDDHEE JAIN**  
ST. AGNES'  
LORETO DAY  
LUCKNOW



**HIYANEIJEMMY DAS**  
LORETO CONVENT,  
SHILLONG



**RAIMA JOSEPH**  
LORETO DELHI



**YOLANDE DIRKSZ**  
LORETO CONVENT  
ENTALLY

# Reflections on 5th Anniversary of Laudato Si' Week

## TOPIC : EMBEDDING LAUDATO SI AND SDG 2030 INTO THE CURRICULUM

RESOURCE PERSON : **BR. STEVE ROCHA**

Br. Steve aimed to spread awareness about some genuine topics. The main speaker was Br. Steve Rocha, who stressed on the topic human rights and equal rights. He emphasized on safe, sustainability, equality, equity and justice by giving an example of women from pre- historic society. Explaining all these he made us realized that we as a teacher should aim to make every single child to climb the ladder of success. He also made us realize that if education can be spread well, all the problems like poverty, hunger, gender discrimination, child labour etc. will gradually be less for the better tomorrow. The session gave us the information about the labour right which can promote safe working environment, about sustainable tourism and some ways to end modern slavery.

Br. Steve Rocha's presentation was shared with all of us which enunciated the importance of air, fire, water, earth. No one owns the water, no one owns the land. No one owns the ocean, no one owns the sand. Nature is God's gift to us, but we humans mistreat it, leading us all to ruin.

The main agenda of this webinar was to embed Laudato Si' and Sustainable Development Goals 2030 into the curriculum. Brother said that his vision was a classroom where teachers asked the student not only theory-based questions but questions that relate to real-life issues so that the student can develop a sense of empathy and duty towards the poor and grow to be citizens who advocate social justice.

We got to know the real meaning of JUSTICE and the participants shared how their schools in their own ways portray justice through their activities. There was a discussion about the Sustainable Development Goals 2030 and about the new input which is the 18th Goal that is "Progeny". We were asked to do small activities and the presentation of few delightful songs and videos enhanced the atmosphere of the session.

The meeting started with a discussion on climate change and how it's adverse impact on the planet and it's future. This was followed by an explanation about the difference between charity and social justice. We further discussed human rights and the current problem of migrant workers.

We had interactive activities where we spoke about how each school was implementing justice in the institution as well as other activities on getting to know our human rights. This was truly an enriching experience which helped me learn a lot.

The webinar started with a peaceful prayer session, and we were shown several beautiful quotes by prominent people. We prayed facing every direction one by one. We had an inhalation and exhalation exercise. Br Steve Rocha explained the difference between private charity and social justice, both of which are obvious but personally, I never compared the two of them, and yet today, I learned the difference between them. Charity is when a rich person gives money to the poor while justice asks why one is rich while so many are poor. We learnt about Human Rights, which embed justice into the system. There are 30 human rights.



**LORETO CONVENT**  
**LOLAY KALINGPONG**



**JAPNEET KAUR JAGGI**  
LORETO CONVENT  
DELHI



**KYRA GENESSAA O'BRIEN**  
LORETO CONVENT  
DELHI



**MADHURIMA DEY**  
ELLIOT ROAD



**VEDIKA KEDIA**  
LORETO HOUSE



**AUYONA TAMULI**  
LORETO DELHI



# Reflections on 5th Anniversary of Laudato Si' Week

TOPIC: **EMBEDDING LAUDATO SI' AND SDG 2030 INTO THE CURRICULUM**

RESOURCE PERSON: **BR. STEVE ROCHA**

During the ongoing Laudato Si week on 23rd May 2020 the Loreto sisters, teachers and students from across South Asia came together to discuss about the embedment of Justice and Sustainable Development Goals (SDG) into the curriculum even during the Covid pandemic via a webinar. The webinar was conducted by Br. Steve Rocha who is a child's right activist and is working in this field since 1990.



**SRINANDINI VERMA**  
LORETO LUCKNOW

We started with a prayer in guidance of Br Steve which was based on the different things that Almighty Jesus has blessed us with- (1) Earth we bowed and prayed by facing north, (2) Sun by facing the East, (3) Water by facing West and, (4) Air facing the South. Then Br Steve showed us a presentation of a meaningful Hymn called: Breathing in an Breathing out. Then we discussed about the topic CARE FOR OUR COMMON HOME. We remembered the poor workers who had been continuously working for us, for our food grains. The earth is a gift of God for the poor as well as the rich. There are no differences between the richest and the poorest. For this we want justice.



**SURAVI CHETTRI**  
ST. TERESA'S  
GIRLS' DARJEELING

The difference between social justice and private charity was explained clearly. A story was narrated to further elucidate this difference. It was explained that while charity was dealing with individual problems as and when they happen (like giving food to the hungry, respecting a neighbour, protesting against a war), social justice deals with the problem at the roots (like changing the societal system so that there aren't a handful of privileged persons and an ocean of underprivileged, striking the root causes of poverty, racial discrimination and casteism)



**MRS. SARUNA RAI**  
ST. TERESA'S  
GIRLS' DARJEELING

Brother then proceeded to dissect the present predicament- the COVID19 pandemic and its impacts that are most detrimental to the poorer section of society. He shed light on the fact that poverty isn't accidental but created with callous deliberation. He encouraged us to take measures no matter how infinitesimal towards breaking the chain of the "rich becoming richer and the poor, poorer".



**REBECCA RAI**  
LORETO CONVENT, DARJEELING

MAY 23rd: **PANEL DISCUSSION-THEME: GETTING DOWN TO EARTH.**

SPEAKERS: **MR. TUSHAR HIMATSINGKA, SR. CYNTHIA, MS. ELSIE GABRIEL AND FR. PEDRO WALPOLE**

## **MR. TUSHAR HIMATSINGKA- 'ZERO WASTE WARRIOR'**

Our first panellist Mr. Tushar spoke on the topic "zero waste warrior". Mr. Tushar has begun his company called the vital waste which collaborates with the waste generators and waste consumers. This company helps in transforming the waste into a useful resource. In a country like India, there is no recycling platform. Most of the recycling programs face three main challenges: (i) not having enough people to accomplish the work, (ii) not having information about what works best. (iii) not having enough money to carry out the plan.

Lack of waste segregation skill, therefore, vital expert ensures that they provide technical information that comes from the past projects so that their new clients do not have to spend time reinventing the wheel.

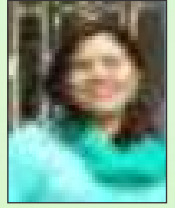


**MS ROSE SEBASTIAN**  
LORETO CONVENT  
DELHI

## Reflections on 5th Anniversary of Laudato Si' Week

### Sr. Cynthia – US Earthlings

Sr. Cynthia to take over the topic US EARTHLINGS, SEEKERS OF TRUTH AND DOERS OF JUSTICE. She highlighted mainly on the essence of sustainable development, revisiting the goals of sustainable development and made us contemplate on "what kind of world are we giving to our future generation" lastly she inspired us to inculcate the words of Mary Ward in our lives and she said that when we are truthful only then are we able to give justice.



**MS. SUCHETTA C. RAI**  
ST. TERESA'S  
GIRLS, DARJEELING

Sr. Cynthia: She is associated with U. N. where the global issues are discussed. She spoke about the kind of world we want for the future children to live, a world where everyone is protected and peace prevails. She shared that her inspiration is our Foundress Mary Ward, and the vision of Secrecence of Truth, Doers of Justice. Sr. Cynthia is committed to raising awareness of the United Nations Sustainable Development Goals (SDG) to end poverty, to protect the planet and ensure that all people live in peace and prosperity. She said that climate changes also affects the farmers. She gave a very powerful message in the session "Together we can transform the World."



**MRS. S. KAUR**  
LORETO CONVENT  
RANCHI

I am inspired with the views by Sr Cynthia CJ-Us Earthlings, as Seekers of Truth and Doer of Justice, where she highlighted the message of Mary Ward. Like Mary Ward, we can do work that is not just for ourselves but for others and ultimately for the greater glory of God.

Though I could attend all the sessions due to limited seats or various circumstances but what I had attended was very effective so, I assure that what I had learned in the Webinar would be implied in day to day life as well as generate to my students as well. Hope many of us taking part in this Webinar were benefitted and might have learned many more things on Eco Friendly life. On behalf of those teachers and students who had been part of this program I would like to thank you. Especially thank you to the program coordinators. Thank you so much well-esteemed panelists.



**MRS. RANJITA**  
ST. MARY'S POKHAREL  
NEPAL

### Ms. Elsie Gabriel- Living waters flow

The third speaker was Ms. Elsie Grabiell who spoke about flowing waters. Pope Francis said, we are suffering from disparity where 30% of the world's population does not get clean water due to inequality in distribution. 23rd May is World Turtle Day, how ironically connected to our topic!

She pointed out a very valid issue about the dispatch and segregation of plastic masks and gloves that we are using during Covid 19. She was an inspiration for everyone, especially for the youths of our country. She mentioned about the 'mission' that our young generation must take up as a part of their life, because we must remember that 'Nature owns us, we don't own Nature'.

She spoke about the green house gas which is a very common issue. Ms. Gabriell urged the Alumnae of Loreto to start a campaign to help with old clothes, mask collection, digital marketing etc.



**DEBOMITA MAJUMDAR**  
LORETO DAY SCHOOL  
ELLIOT ROAD



## Reflections on 5th Anniversary of Laudato Si' Week

The topic of discussion, "Getting down to earth" seemed so very apt today when we in Kolkata were facing the aftermath of the vast devastation of the super cyclone ` Amphan,- in some way connected to climate change and so very rightly said " Nature owns us we don't own Nature ".

At the same time being at the mercy of technology to remain connected during the "pandemic lockdown" period it was a major task to join the session ,which I could finally, but only after two eminent speakers had already put forth their views. Ms Elsie Gabriel who spoke on the topic Living Waters flow On so rightly pointed out that just we have to work towards a proactive mission motivating and guiding our youth, making them the 'green army'.



**MS SUNEET SINGH**  
LORETO DAY  
SCHOOL BOWBAZAR

### **FR. PEDRO WALPOLE- NATURE AND NURTURE**

The fourth speaker, Father Pedro Walpole SJ. He drew our attention to the damage the economy has wrecked on the earth and how we are extracting the maximum from the earth. He spoke about the need for a circular economy and that economy must be part of the ecology and they must be in balance. He pointed out that nuclear wastes, plastics, carbon from polluted air are unlawful entries into the atmosphere and our reducing our immunity levels to fight against the COVID 19 pandemic. Though, a lot of work has been done in areas such as rain water harvesting a lot more needs to be done further we need to recycle much more. He stated that education has a major role to play in fact it is our only hope. We need to work towards economic and environmental justice.



**MS VEENA D'SOUZA**  
LORETO CONVENT  
SCHOOL

Last but not the least , we had our fourth speaker Fr. Pedro Walpole Sj. He spoke on the topic -NATURE AND NURTURE -TWO SIDES OF THE SAME COIN.

He spoke on the importance of striking a balance between "Ecology and Economy" in the present scenario where he focussed the need to make a transition from an extractive economy to circular economy as economy is swallowing the earth. We need to understand the fact that ECOLOGY of the globe does not change, WE have to change.



**MS. SUCHETTA C. RAI**  
ST. TERESA'S  
GIRLS' DARJEELING

Father Pedro Walpole SJ the 4th panellist, highlighted on 'circular economy' and 'extractive economy'. He made us aware that "we waste 90% of what we produce, technology shifts the problem we have to solve them".

He too emphasised on 17th SDG Goal. He enriched the session with his powerful message which says "let us not waste anything, let us all promise that COVID-19 will never happen again, let us inculcate the power of trust among the young generation so that they learn to find their identity". Father concluded by leaving a powerful message which says "we must have peace within us then only the world will be in peace".



**MRS. BHASWATI MULLICK**  
LORETO HOUSE

# Reflections on 5th Anniversary of Laudato Si' Week

## Nature and Nurture (Two Sides of the Same Coin)

Ecology have to change and we need warriors for the National level to the Global level. Father Pedro also highlighted the World Economic Forum analysis of risks. The top five risks in terms of likelihood are extreme weather events, natural disasters, cyber attacks, Data fraud and failure of climate change mitigation and adaption. He also spoke on the transition we need, the role of religions in achieving the SDGs and how to deepen collaboration.

Promote Global cooperation: Climate change and human rights Starting from, where we have simple lifestyle and sustainability.

Promote our relationship with Biodiversity and Sustainable management of natural resources. The whole session was very informative, enriching and thought provoking. Indeed every being is essential and has a role to play for the universe to move on. It was a pleasure to attend the webinar session.

Father Pedro Walpole Sjenlightened the information on 'Nature and Nurture -Two sides of the same coin '.He addressed the global challenges that we all living creatures face, including those related to poverty, inequality, climate change, environmental degradation, peace and justice.

Though I could attend all the sessions due to limited seats or various circumstances but what I had attended was very effective so, I assure that what I had learned in the Webinar would be implied in day to day life as well as generate to my students as well.

Hope many of us taking part in this Webinar were benefitted and might have learned many more things on Eco Friendly life. On behalf of those teachers and students who had been part of this program I would like to thank you. Especially thank you to the program coordinator. Thank you so much well-esteemed panelists.

24th MAY 2020

TOPIC: '**DIALOGUE FOR ECO-TRANSFORMATION- LAUDATO SI', A FIRM GROUND'**

RESOURCE PERSON: **SR. PRABINA RUDUM IBVM**

Sister Prabina's message was really inspiring, motivating and enriching. She spoke about so many things regarding our mother Earth and how we need to take care of our environment. Sr also mentioned about the 6 appeals of Pope Francis.

- (1) Dialogue of shaping the future of our planet.
- (2) Uniqueness of a person.
- (3) Symptoms and deep causes.
- (4) Close relationship between the cry of the poor & the cry of the earth.
- (5) The way we understand progress & development.
- (6) Lets begin a new lifestyle.

She also spoke about what type of relationships should we share with others, and how we need to love and respect every living being. Our mother Earth has given us so much, in return we must take care & protect the environment. It was wonderful and amazing listening to Sister. Having attended a session like this for the first time was a great experience for me.



**MS SUMITA BISWAS**  
LORETO CONVENT  
ENTALLY



**MRS RANJITA POKHREL**  
ST. MARY'S POKHAREL  
NEPAL



**Ms. MARISSA WASLEY**  
LORETO ST. AGNES'  
LUCKNOW



## Reflections on 5th Anniversary of Laudato Si' Week

A webinar was organised on 24th May, 2020 by Mary Ward Sisters in collaboration with Tarumitra, a nationwide students' organization to promote ecological sensitivity in India. The session began with the Laudato Si' prayer. We were then introduced to the speaker of the session, Sr. Prabina Rudum, IBVM. She began by explaining the theme of the session, 'Dialogue for Eco-transformation'. A dialogue is a conversation between two or more individuals, which not only includes interaction, speaking and listening, but also takes into consideration one's reflection and opinion. When we take part in a dialogue, we do it for a cause. Laudato Si' is a launching pad for this dialogue. A dialogue is not an argument but an opinion.

She made us aware of the relationship we share with other 'fellow creatures'. She explained three models of relationship taken from the studies in history of Christian tradition. The first model is the Dominion Model in which human beings consider themselves superior to other creatures. The second model is the Stewardship Model in which we find our roles as stewards or caretakers of the earth which is a gift to us. The third model is the Kinship Model in which we look at all other living things on earth as our family members. Laudato Si promotes the Stewardship model and also focuses on the Kinship model. There is a siblinghood between us and the earth. Earth is not 'like' our mother rather earth 'is' our mother. We have a close proximity with the elements of the earth, but most of us are unaware of it, because we are overpowered by the Dominion Model which leads us to harm the natural world for our selfish needs. She acquainted us with what Pope Francis appeals to all human beings. He appeals for a new dialogue on how we are shaping the future of our planet. He urges people to realize their 'uniqueness'. When he talks about the uniqueness of human beings and other creatures, he talks about their unique vocation on earth. We all are able to see the symptoms of environmental degradation, but he urges us to find its cause so that measures can be taken to deal with it. He says that cry of the poor and cry of the environment are the same. He also urges us to redefine 'progress' and 'development'. In the present global pandemic situation, he proposes to begin a new lifestyle and build a good relationship with the environment, breaking the hierarchy in which humans are considered superior.

Some sisters and teachers also shared their views on the human-environment relationship.

Sr. Prabina further added that all religions have a close connection with environment in some way or the other. This amazing session offered me an opportunity to learn many things and truly made me reflect upon my role as an individual towards protection of our environment. As a teacher I can proudly share the knowledge I've gained from this session with the students and help them realize their stewardship and kinship towards all living beings on earth.



**MS. PRERNA SMITA TIRKEY**  
LORETO CONVENT  
RANCHI

# Reflections on 5th Anniversary of Laudato Si' Week

MAY 25th

## PERSONAL COMMITMENT: CONCRETE ACTION PLANS FOR ECO-FRIENDLY LIFE

RESOURCE PERSON: **Sr. ANCY CJ**

On 25th May, 2020, an online session was held by Mary Ward Sisters on the theme "Concrete Plans for Eco Friendly Life". The Resource Person for the session was Respected Sister Ancy Thomas, who is the coordinator of JPIC in Patna province and works for safeguarding the rights of children.

We covered various topics in the session like 'Ill effects of our greed on the Earth' and how the 'Cry of the Earth is the cry of the poor'.



**ANANYA SHARMA**  
LORETO LUCKNOW

In today's session we were familiarized with the Laudato Si', the encyclical of Pope Francis which critiques consumerism and irresponsible development, laments environmental degradation and global warming, and calls all people of the world to take swift and unified action. Sister Ancy shared a presentation with us, the presentation was in relation to the current situation of the pandemic.

In the presentation Sister laid emphasis on 'walking the talk', we all speak about the plight of the migrant labourers, the dilapidated condition of the Mother Earth and seldom do we take a concrete action.



**HARSHITA SHARMA**  
LORETO HOUSE

Sister Ancy Thomas gave us an enlightening talk about the Laudato Si' and how in India the poverty stricken and poor migrant workers are suffering during this lockdown, also about how this lockdown has made a great impact on the environment, even animals have come out. "The will of God is the need of the hour" as told by Sister Ancy. "Learn to co-exist or nature will find a way to claim back its space" was one of the quotes that had a deep impact. She also talked about how we should preserve our common home, the Earth and how we should look at it as our Mother.

Justice and Inequality was also talked about. 22% of the World's poor live in India. There are basically two India's, one which is successful and prosperous and the other where there is poverty and injustice; there is uneven development in India. Fast growing sector in India is Inequality. Poor people are deprived of their basic rights and there is shrinking place for the poor.

As followers of Mary Ward, we should provide help to the people and the environment, "There is no future if we destroy the environment that sustains us" and "Response to the deterioration of the Earth is very ugly" were also one of the meaningful quotes.

Our lives are inter-connected and we are inter-dependent. By loving tenderly, promoting justice and walking humbly with God, Peace and Equality can be acquired.



**Aditi Lyngdoh**

Report by:  
**Aditi Lyngdoh and Aarushi Mehra**  
**Loreto Convent Shillong**



**Aarushi Mehra**





Take urgent action  
to combat  
climate change  
and its impacts



*Mary Ward Sisters South Asia Celebrate  
The 5<sup>th</sup> Anniversary of Laudato Si' Week from 16-24 May 2020.*

## Celebratory Activities

Day	Participants level	Activity	Detail of Submission
1	Nursery & K.G	Plant a sapling	One minute video showing the child planting the sapling.
2	Classes I & II	Dream drawing: Butterflies in a garden	Complete the drawing on A4 size paper. Scan and email it
3	Classes III, IV & V	Making a bird's nest	Record and email a 2-3 minute video showing the process of building the nest. Also attach a picture of the finished product on the same email. (Video and picture come together as attachments)
4	Classes VI, VII & VIII	Make an object out of waste material	Record and email a 2-3 minute video showing the process of making the object. Also attach a picture of the finished product on the same email. (Video and picture come together as attachments)
5	Classes IX & X	Write a quote on environment protection and conservation using calligraphy font	The calligraphic quote on A4 sized paper to be scanned and emailed.
6	Classes XI & XII	Design a water bottle bag using old rags	Record and email a 2-3 minute video showing the process of making the bag. Also attach a picture of the finished product on the same email. (Video and picture come together as attachments)
7	College going students	Jingles on Environment preservation	Record and email the audio along with the lyrics (Maximum length of the jingle audio will not be more than 30 -40 seconds )
8	Young religious	Making a Bird Feeder without using thermocol	Record and email a 2-3 minute video showing the process of making the bird feeder. Also attach a picture of the finished product on the same email. (Video and picture come together as attachments)
9	Facilitator	Making a useful product out of Plastic/Glass Bottle (wealth out of waste)	Record and email a 2-3 minute video showing the process of making the product. Also attach a picture of the finished product on the same email. (Video and picture come together as attachments)

All entries should be emailed to [laudatosimaryward@gmail.com](mailto:laudatosimaryward@gmail.com). Kindly put “Celebratory Activities” as subject head. Please mention your full name, class, school and your complete postal address in capital letters. Last day for receiving the entries on email is 12 noon on 25th May 2020.  
E-Recognition will be awarded to all participants.



“We are  
**ALWAYS CAPABLE**  
of going out of ourselves”  
**TOWARDS THE OTHER**  
(Laudato Si'208)





PARTICIPATION IN "LAUDATO SI" WEEK ACTIVITIES

**LORETO SCHOOLS CENTRAL ZONES**



Samridhi Dey, Class I,  
Loreto Day School, Bowbazar



Ekanthika Seal, Class II  
Loreto Day School, Dharamtala



Adrija Sarkar, Class II  
Loreto Day School, Elliot Road



Arotrika Ghosh, Class I  
Loreto Day School, Sealdah



Arpita Ghosh, Class IX  
Loreto Day School, Sealdah



Bijita Chowdhury, Class X  
Loreto Day School, Bowbazar



Nandini Gupta, Class IX  
Loreto Day School, Bowbazar



Palak Gupta, Class IX  
Loreto Day School, Dharamtala



PARTICIPATION IN "LAUDATO SI" WEEK ACTIVITIES

**LORETO SCHOOLS CENTRAL ZONE**



Mahashree Chatterjee, Class KG  
Loreto Day School, Elliot Road  
<http://youtu.be/FzWgeM6nXYA>



Tanisha Chakraborty, Class VII  
Loreto Convent, Entally  
<https://youtu.be/AIN6zN1FSwU>



Ashirbani Majumder, Class VI  
Loreto Day School, Bowbazar  
<https://youtu.be/Kjm03dpzdBY>



Priyanshi Das, Class VIII  
Loreto Day School, Elliot Road  
<https://youtu.be/krdBEGIF9C8>



Puja Das, Class XII  
Loreto Day School, Sealdah  
<https://youtu.be/GMn846TeeD0>



Sharanya Mullick, Class IV  
Loreto Day School, Bowbazar  
[https://youtu.be/5VoZsr\\_wrAw](https://youtu.be/5VoZsr_wrAw)

“ Humanity still has the ability to  
**WORK TOGETHER**  
in building our common home. ”  
(Laudato Si' 13).

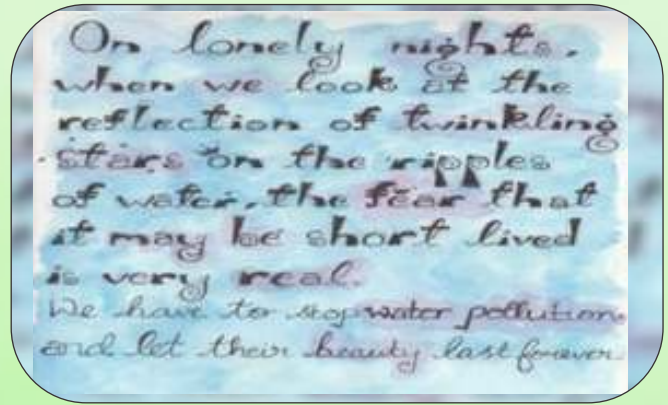


## PARTICIPATION IN "LAUDATO SI" WEEK ACTIVITIES

# LORETO SCHOOLS EAST ZONE



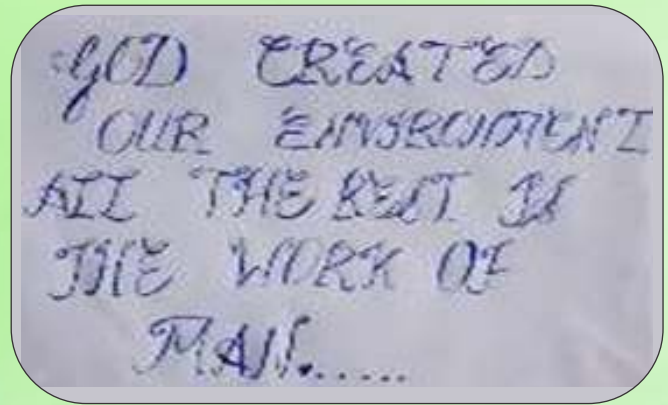
**Hridaya Cheetri, Class I**  
**Loreto Convent Darjeeling**



**Sneha Hadali, Class X**  
**Loreto Convent Darjeeling**



**Paridhi Prasad, Class II**



**Dechen Sherpa, Class IX**



**Ritika Rajwar, Class II**



**Priyanjali Tamang, Class III**  
<https://youtu.be/gtlivM2NNGM>



**Adwita Singh, Class KG**  
<https://youtu.be/XJ5q0gbR4IU>



**Anshika Gurung, Class V**  
<https://gopro.com/v/JbeeB9212RM5R>



**Arpana Thami, Class VII**  
<https://gopro.com/v/kVRm6lda34gZR>



PARTICIPATION IN "LAUDATO SI" WEEK ACTIVITIES

**LORETO SCHOOLS EAST ZONE**



Sasara Dasaibha Lyngdoh, Nursery  
<https://youtu.be/sfeCq63Gk1Q>



Anusha Singhal, Class XI  
<https://youtu.be/gXqRPyGrc4w>



Hillary Hang Subba – KG\  
<https://youtu.be/l45s-3UKw3U>



Tshering D Bhutia Class VIII  
<https://youtu.be/0e-1sajkozQ>



Toiarisa Insabet Robin Shabong, Nursery  
<https://youtu.be/luBT4KITIXU>



Simran Minj, Class VI  
<https://gopro.com/v/dMIqK8K5aO8LR>



Aditi Rai, Class XII  
<https://youtu.be/XIFLrkbTgak>



Mojesh Lakra, Class KG  
<https://gopro.com/v/8vw0e4wNbGk2r>

PARTICIPATION IN "LAUDATO SI" WEEK ACTIVITIES

**LORETO SCHOOLS NORTH ZONE**



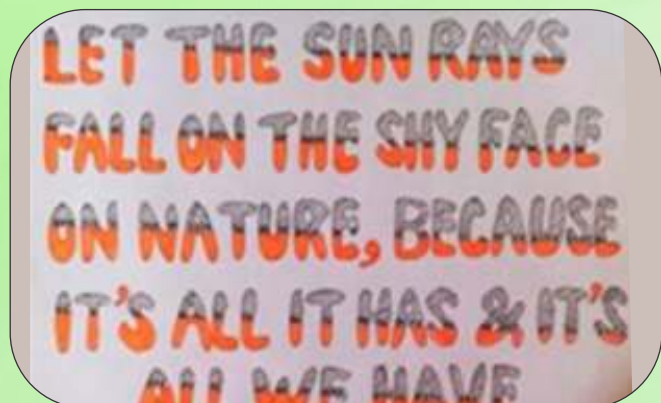
Jasmine Bhalla, Class I



Aaradhya Gupta, Class II



Ritika Pandey, Class XII



Ratika Srivastava, Class X



Isha Rana, Class X



Yukti Sharma, Class X



PARTICIPATION IN "LAUDATO SI" WEEK ACTIVITIES

**LORETO SCHOOLS NORTH ZONE**



**Devina Roy, Class VI**

[https://drive.google.com/file/d/1\\_O4v9F\\_d1B9asp3qgP-e3YKrpVJ-vtoJ/view](https://drive.google.com/file/d/1_O4v9F_d1B9asp3qgP-e3YKrpVJ-vtoJ/view)



**Aakarshita Sharma, Prep-A**

[https://drive.google.com/file/d/1\\_M8O-jF7fGfZIZ3UiMhIcVGGWCmiwO-M/view](https://drive.google.com/file/d/1_M8O-jF7fGfZIZ3UiMhIcVGGWCmiwO-M/view)



**Ritika Anand, Class XII**

<https://youtu.be/lnpKMbm85Y>



**Mandeep Anand**

<https://youtu.be/9NgU0TgMwjM>



**Kiza Abbas, Class XII**

[https://drive.google.com/file/d/1ajt64oeQ\\_RLsmCTUqniP3qyAozT8hiK6/view](https://drive.google.com/file/d/1ajt64oeQ_RLsmCTUqniP3qyAozT8hiK6/view)



**Samyrah Noel Sarkar, Class IV**

[https://drive.google.com/file/d/1\\_P3G3ZNpHbzIw99jNqFbnLbfelHucnDD/view](https://drive.google.com/file/d/1_P3G3ZNpHbzIw99jNqFbnLbfelHucnDD/view)



## PARTICIPATION IN “LAUDATO SI” WEEK ACTIVITIES

# LORETO SCHOOLS WEST ZONE



Shanvi Yashika Kacchap, Class I  
Loreto Convent School, Ranchi



Rachel Rimil Soren, Class I  
Loreto Convent, Asansol



Aranya Agarwal, Class II  
Loreto Convent School, Ranchi



Ave Amelia Khakha, class II  
Loreto Convent, Asansol



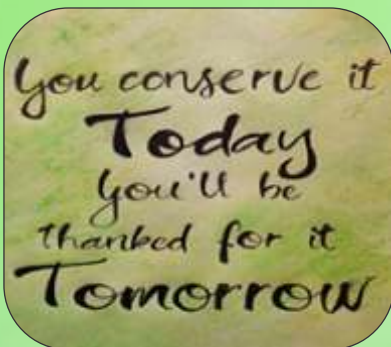
Binney Chawhan, Class VI  
Loreto School, Sadam



Diyesh Pradhan, Class III & Fabiyan Lepcha, Class V  
Loreto School, Sadam



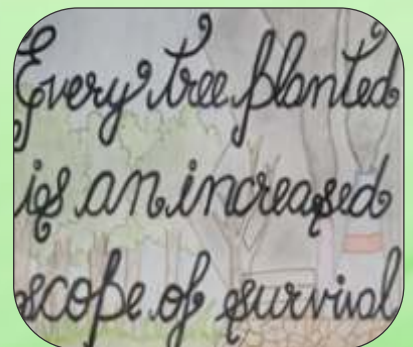
Arpita Baral & Aline Gurung  
Class III, Loreto Sadam



Rajnandini, Class X  
Loreto Convent School, Ranchi



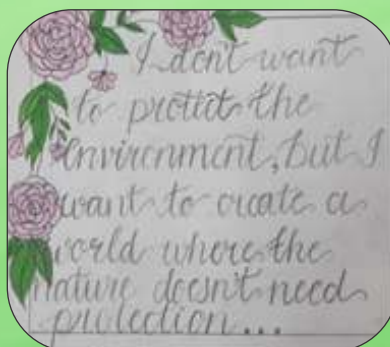
Tanisha Santoria, Class X  
Loreto Convent, Asansol



Yukti Arya, Class X  
Loreto Convent School, Ranchi



Avikhya Kundu, Class IX  
Loreto Convent, Asansol



Aadya Shree, Class VII  
Loreto Convent School, Ranchi



Sneha Topno, Class X  
Loreto Convent, Asansol



## PARTICIPATION IN "LAUDATO SI" WEEK ACTIVITIES

# LORETO SCHOOLS WEST ZONE



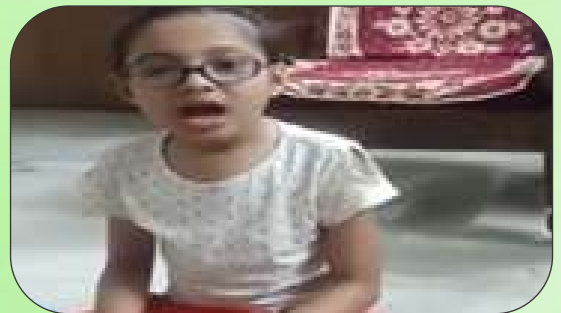
Atriya Biswas  
Loreto Convent Asansol  
<https://youtu.be/IRIRy-qF6Zs>



Loreto Convent Ranchi  
<https://youtu.be/WoINQAX9AMl>



Sharanya Hazra  
Loreto Convent Asansol  
<https://youtu.be/90t1Q01fzH0>



Loreto Convent School, Ranchi  
<https://youtu.be/RwQfvB5NSig>



Scarlette Mabyin Sha  
Loreto Convent Asansol  
[https://youtu.be/84iqPvNU9\\_A](https://youtu.be/84iqPvNU9_A)



Loreto Convent School, Ranchi  
<https://youtu.be/-Bo8fKXZuYE>



Elianna Johm  
Loreto Convent Asansol  
[https://youtu.be/2Z\\_-INxm4Hs](https://youtu.be/2Z_-INxm4Hs)



Loreto Convent School, Ranchi  
<https://youtu.be/HHhU1yRO-lo>



Arianna  
Loreto Convent Asansol  
<https://youtu.be/cJV3m7z7fJA>



Loreto Convent School, Ranchi  
<https://youtu.be/04tOY3ssRX4>

PARTICIPATION IN “LAUDATO SI” WEEK ACTIVITIES

**NIRMALA PUBLIC SCHOOL, PIZHAKU**



**Jiyanna Mariam Charles – Class I**



**Anwita P Nair - Class II**



**Isabel Cyril – Class III**



**Alan Alphons Sabu - IV**



**Elna Binoj – Class I**



**Jiyanna Mariam Charles – Class I**



PARTICIPATION IN "LAUDATO SI" WEEK ACTIVITIES

**ST. MARY'S CONVENT SCHOOL, BANGALORE**



**Mary ward Matriculation school, Mittapalli, Tamilnadu**



**St. Mary's Convent High School, Mulund , Mumbai**





Mary Ward Sisters South Asia Celebrate  
The 5th Anniversary of Laudato Si' Week from 16-24 May 2020.



**JUSTICE PEACE AND INTEGRITY OF CREATION  
JPIC PRESENTS**



**CERTIFICATE OF APPRECIATION**

to



For active participation in the Laudato Si' Week  
celebrations



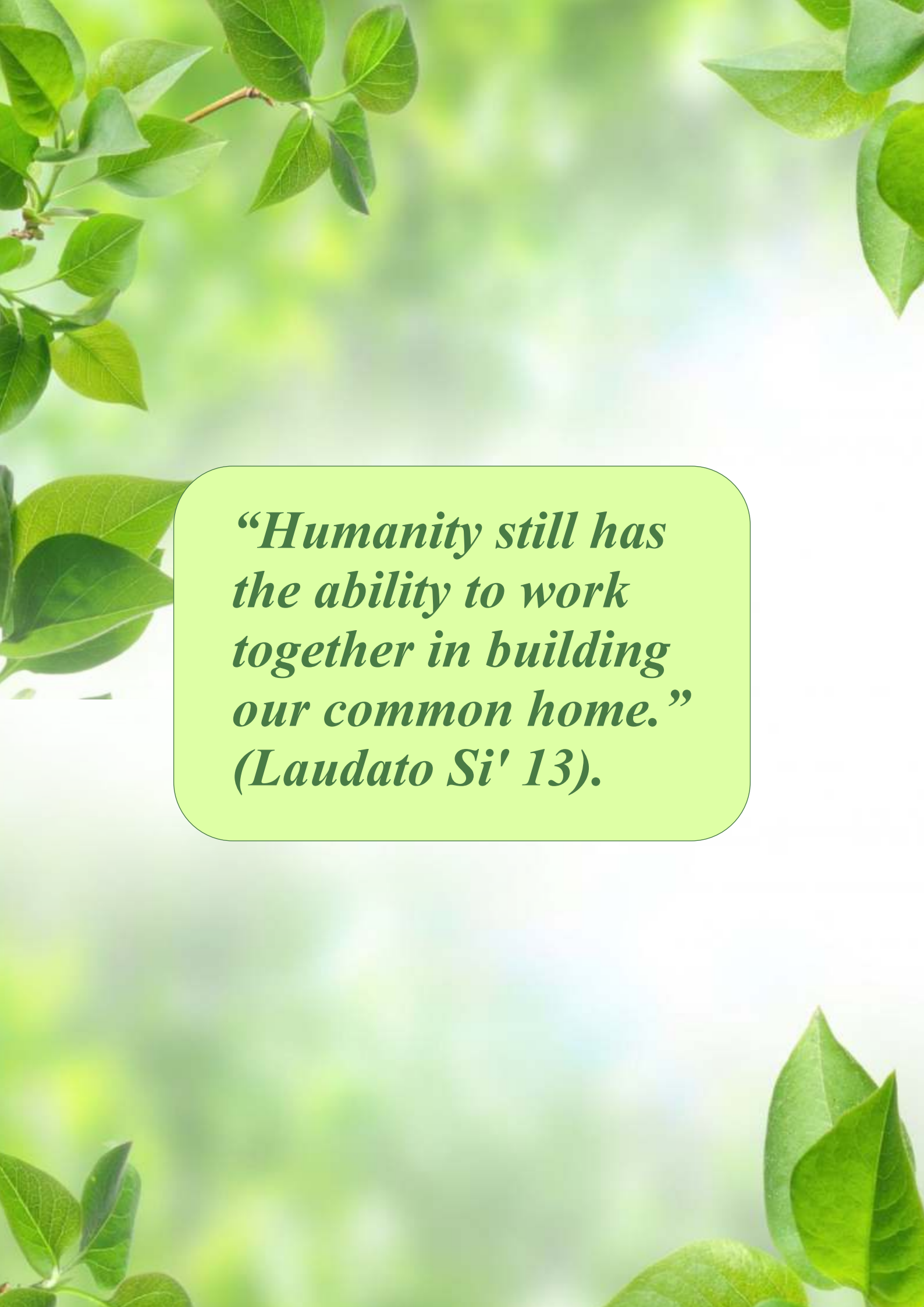
*Ratna Ranjan*

**RATNA RANJAN**

NATIONAL COORDINATOR  
on behalf of core  
committee

*It is shared with great pride that more than a thousand students were presented certificates, for their enthusiastic participation in various activities during the Laudato Si' week, by Mary Ward Sisters.*





*“Humanity still has  
the ability to work  
together in building  
our common home.”  
(Laudato Si' 13).*